

# THE PARISH OF THE ASCENSION, LAVENDER HILL

Sunday 4 August 2024  
Eighteenth Sunday in Ordinary Time

11.00am Solemn Mass

*A very warm welcome to everyone especially if this is your first visit.  
Please join us for refreshments following the service.  
Please take this order of service away with you*

---

## THIS WEEK

<b>Observances</b>	Monday:	<i>Dedication of the Basilica of St Mary Major</i> No Mass today
	Tuesday:	THE TRANSFIGURATION OF THE LORD <b>Low Mass: 10.00am</b>
	Wednesday:	<i>St Sixtus &amp; Companions</i> <b>Low Mass: 7.30pm</b>
	Thursday:	<i>St Dominic</i> <b>Low Mass: 10.00am</b>
	Friday:	ST THERESA BENEDICTA OF THE CROSS <b>Low Mass: 10.00am</b>
	Saturday:	ST LAURENCE <b>Holy Rosary: 11.00am</b> <b>Low Mass: 11.30am</b> <b>Holy Matrimony: 2.00pm</b>
	Sunday 11 <sup>th</sup> :	THE ASSUMPTION OF THE BVM <b>Solemn Mass: 11.00am</b>

*Website:*

**ascensionlavenderhill.org.uk**

*Email:*

**ascensionsw11@gmail.com**

*Phone:*

**020 7228 5340**

*A warm welcome to the Ascension, Lavender Hill. We are a Parish of the Diocese of Southwark and under the Episcopal care of the Bishop of Fulham. If you would like to know more about the Ascension, have queries about baptisms, weddings and funerals, or any questions about the Christian Faith, please speak to the Parish Priest, Fr Philip, who will be pleased to assist you:*

**Fr Philip Kennedy**

tel: 020 7228 5340

email: ascensionsw11@gmail.com

*We are an excepted charity, and rely principally on donations to sustain our work. Please give as generously as you are able, either at the Offertory or by scanning the QR code below.*

*If you are a taxpayer and are able to gift-aid your donation please do so by either placing your cash donation into a blue envelope and filling in your details on the front, or ask one of the Churchwardens for a Gift Aid form.*

*Thank you for your support.*



*We take the **safeguarding** of children and vulnerable adults very seriously. Here are the details of our Parish Safeguarding Officers, who should be the first point of contact for any concerns:*

**MS RUTH CANSDALE**  
07737 116364

**MR ALEX BANSON**  
020 7738 1916

*Our **Churchwardens** are the Bishop's representatives in the Parish (elected by the parishioners) and work together with Fr Philip to ensure the smooth running of the Parish. They can be contacted as follows:*

**MRS ANN WARWICK**  
annwarwick1@aol.com

**MS CHERYL HARPER**  
cherylharper1964@hotmail.com

# THE INTRODUCTORY RITES

## ENTRANCE HYMN

Once, only once, and once for all,  
His precious life he gave;  
Before the Cross in faith we fall,  
And own it strong to save.

'One offering, single and complete,'  
With lips and hearts we say;  
But what he never can repeat  
He shows forth day by day.

For as the priest of Aaron's line  
Within the holiest stood,  
And sprinkled all the mercy-shrine  
With sacrificial blood;

So he, who once atonement wrought,  
Our Priest of endless power,  
Presents himself for those he bought  
In that dark noontide hour.

His Manhood pleads where now it lives  
On heaven's eternal throne,  
And where in mystic rite he gives  
Its presence to his own.

And so we show thy death, O Lord,  
Till thou again appear,  
And feel, when we approach thy board,  
We have an altar here.

## WELCOME AND INTRODUCTION

In the name of the Father, and of the Son,  
and of the Holy Spirit.  
**Amen.**

The Lord be with you.  
**And with your spirit.**

## **PENITENTIAL ACT**

*The priest introduces the confession. Silence is kept for recollection of our sins.*

**I confess to almighty God  
and to you, my brothers and sisters,  
that I have greatly sinned,  
in my thoughts and in my words,  
in what I have done  
and in what I have failed to do,  
through my fault, through my fault, through my most grievous fault;  
therefore I ask blessed Mary ever-Virgin,  
all the Angels and Saints,  
and you, my brothers and sisters,  
to pray for me to the Lord our God.**

## **ABSOLUTION**

**May almighty God have mercy on us,  
forgive us our sins, and bring us to everlasting life.  
Amen.**

## **KYRIE ELEISON**

**Lord, have mercy. Lord, have mercy.  
Christ, have mercy. Christ, have mercy.  
Lord, have mercy. Lord, have mercy.**

## **GLORIA IN EXCELSIS**

**Glory to God in the highest,  
and peace to his people on earth.  
Lord God, heavenly King,  
almighty God and Father,  
we worship you, we give you thanks,  
we praise you for your glory.**

**Lord Jesus Christ, only Son of the Father,  
Lord God, Lamb of God,  
you take away the sin of the world:  
have mercy on us;  
you are seated at the right hand of the Father:  
receive our prayer.**

**For you alone are the Holy One,  
you alone are the Lord,  
you alone are the Most High, Jesus Christ,  
with the Holy Spirit,  
in the glory of God the Father. Amen.**

## COLLECT

Let us pray.

Draw near to your servants, O Lord,  
and answer their prayers with unceasing kindness,  
that, for those who glory in you as their Creator and guide,  
you may restore what you have created  
and keep safe what you have restored.  
Through our Lord Jesus Christ, your Son,  
who lives and reigns with you in the unity of the Holy Spirit,  
God, for ever and ever. **Amen.**

## THE LITURGY OF THE WORD

### FIRST READING: EXODUS 16: 2-4, 12-15

The whole community of the sons of Israel began to complain against Moses and Aaron in the wilderness and said to them, 'Why did we not die at the Lord's hand in the land of Egypt, when we were able to sit down to pans of meat and could eat bread to our heart's content! As it is, you have brought us to this wilderness to starve this whole company to death!'

Then the Lord said to Moses, 'Now I will rain down bread for you from the heavens. Each day the people are to go out and gather the day's portion; I propose to test them in this way to see whether they will follow my law or not.

'I have heard the complaints of the sons of Israel. Say this to them, "Between the two evenings you shall eat meat, and in the morning you shall have bread to your heart's content. Then you will learn that I, the Lord, am your God."'

And so it came about: quails flew up in the evening, and they covered the camp; in the morning there was a coating of dew all round the camp. When the coating of dew lifted, there on the surface of the desert was a thing delicate, powdery, as fine as hoarfrost on the ground.

When they saw this, the sons of Israel said to one another, 'What is that?' not knowing what it was. 'That' said Moses to them 'is the bread the Lord gives you to eat.'

The word of the Lord.

**Thanks be to God.**

### RESPONSORIAL PSALM: Ps 79

*Verses sung by the cantor. Response:*



The Lord gave them bread from heaven.

## SECOND READING: EPHESIANS 4: 17, 20-24

I want to urge you in the name of the Lord, not to go on living the aimless kind of life that pagans live. Now that is hardly the way you have learnt from Christ, unless you failed to hear him properly when you were taught what the truth is in Jesus. You must give up your old way of life; you must put aside your old self, which gets corrupted by following illusory desires. Your mind must be renewed by a spiritual revolution so that you can put on the new self that has been created in God's way, in the goodness and holiness of the truth.

The word of the Lord.

**Thanks be to God.**

## GOSPEL ACCLAMATION

*All stand to welcome the Gospel.*

Alleluia! Alleluia! Alleluia!

**Alleluia! Alleluia! Alleluia!**

*I am the Way, the Truth and the Life, says the Lord;*

*No one can come to the Father except through me.*

**Alleluia! Alleluia! Alleluia!**

## GOSPEL READING: JOHN 6: 24-35

The Lord be with you.

**And with your spirit.**

A reading from the Holy Gospel according to John.

**Glory to you, O Lord.**

When the people saw that neither Jesus nor his disciples were there, they got into boats and crossed to Capernaum to look for Jesus. When they found him on the other side, they said to him, 'Rabbi, when did you come here?'

Jesus answered: 'I tell you most solemnly, you are not looking for me because you have seen the signs but because you had all the bread you wanted to eat. Do not work for food that cannot last, but work for food that endures to eternal life, the kind of food the Son of Man is offering you, for on him the Father, God himself, has set his seal.'

Then they said to him, 'What must we do if we are to do the works that God wants?' Jesus gave them this answer, 'This is working for God: you must believe in the one he has sent.' So they said, 'What sign will you give to show us that we should believe in you? What work will you do? Our fathers had manna to eat in the desert; as scripture says: *He gave them bread from heaven to eat.*'

Jesus answered: 'I tell you most solemnly, it was not Moses who gave you bread from heaven, it is my Father who gives you the bread from heaven, the true bread; for the bread of God is that which comes down from heaven and gives life to the world.'

'Sir,' they said 'give us that bread always.' Jesus answered: 'I am the bread of life. He who comes to me will never be hungry; he who believes in me will never thirst.'

The Gospel of the Lord.  
**Praise to you, Lord Jesus Christ**

*All sit.*

**HOMILY:** Fr Philip Kennedy, *Vicar*

*All stand*

**THE NICENE CREED**

**I believe in one God,  
the Father almighty,  
maker of heaven and earth,  
of all things visible and invisible.**

**I believe in one Lord Jesus Christ,  
the Only Begotten Son of God,  
born of the Father before all ages.  
God from God,  
Light from Light,  
true God from true God,  
begotten, not made, consubstantial with the Father;  
through him all things were made.**

**For us men and for our salvation he came down from heaven,**  
*All bow at the memorial of the Incarnation:*

**and by the Holy Spirit was incarnate of the Virgin Mary, and became man.** *All rise*

**For our sake he was crucified under Pontius Pilate,  
he suffered death and was buried,  
and rose again on the third day  
in accordance with the Scriptures.**

**He ascended into heaven  
and is seated at the right hand of the Father.**

**He will come again in glory  
to judge the living and the dead  
and his kingdom will have no end.**

**I believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son, who with the Father and the Son is adored and glorified, who has spoken through the prophets.**

**I believe in one, holy, catholic and apostolic Church. I confess one Baptism for the forgiveness of sins and I look forward to the resurrection of the dead and the life of the world to come. Amen.**

#### **THE PRAYER OF THE FAITHFUL**

*The reader leads the people in intercession.*

*The response to each prayer:*

**Lord in your mercy,  
Hear our prayer.**

*At the end of the intercessions we pray together:*

**Hail Mary, full of grace, the Lord is with thee; Blessed art thou among women and blessed is the fruit of thy womb, Jesus. Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death.**

## **THE LITURGY OF THE EUCHARIST**

#### **THE OFFERTORY**

*All stand to sing the offertory hymn as the altar is prepared. A collection is taken to help with the ministry and mission of the Church.*

**Alleluya, sing to Jesus,  
His the sceptre, his the throne;  
Alleluya, his the triumph,  
His the victory alone:  
Hark the songs of peaceful Sion  
Thunder like a mighty flood;  
Jesus out of every nation,  
Hath redeemed us by his blood.**

**Alleluya, not as orphans  
Are we left in sorrow now;  
Alleluya, he is near us,  
Faith believes, nor questions how;  
Though the cloud from sight received him  
When the forty days were o'er,  
Shall our hearts forget his promise,  
'I am with you evermore'?**



Alleluya, Bread of Angels,  
Thou on earth our food, our stay;  
Alleluya, here the sinful  
Flee to thee from day to day;  
Intercessor, Friend of sinners,  
Earth's Redeemer, plead for me,  
Where the songs of all the sinless  
Sweep across the crystal sea.

Alleluya, King eternal,  
Thee the Lord of lords we own;  
Alleluya, born of Mary,  
Earth thy footstool, heaven thy throne:  
Thou within the veil hast entered,  
Robed in flesh, our great High Priest;  
Thou on earth both Priest and Victim  
In the Eucharistic Feast.

*When the altar is prepared the Priest says:*

Pray, brothers and sisters, that my sacrifice and yours may be acceptable to God, the almighty Father.

**May the Lord accept the sacrifice at your hands for the praise and glory of his name, for our good and the good of all his holy Church.**

#### PRAYER OVER THE OFFERINGS

Graciously sanctify these gifts, O Lord, we pray,  
and, accepting the oblation of this spiritual sacrifice,  
make of us an eternal offering to you.

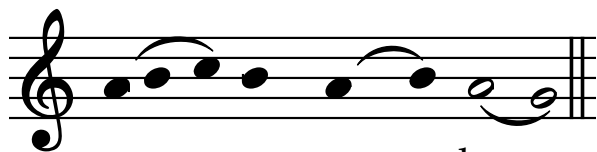
Through Christ our Lord.

**Amen.**

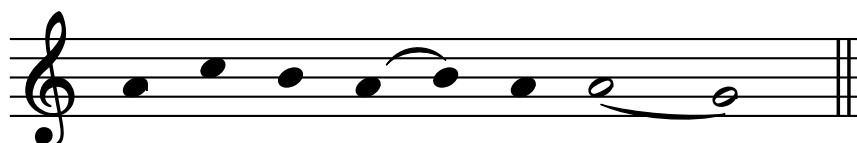
#### PREFACE



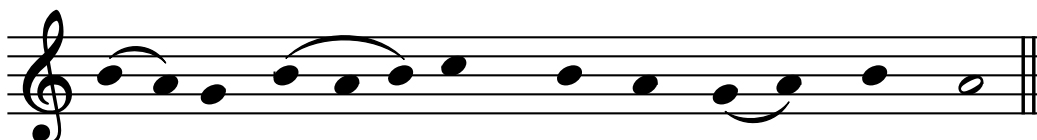
The Lord be with you.  
And with your spi - rit.



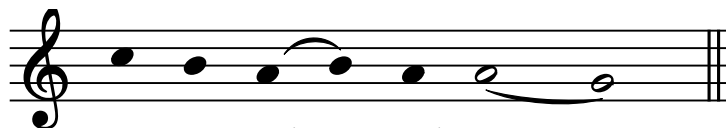
Lift up your hearts



We lift them to the Lord.



Let us give thanks to the Lord our God.



It is right and just.

*The priest sings the Preface, after which we sing:*

## SANCTUS AND BENEDICTUS

**Holy, holy, holy,  
Lord God of hosts,  
heaven and earth, are full of your glory.  
Hosanna in the highest.  
Blessed is he who comes  
in the name of the Lord.  
Hosanna in the highest.**

## EUCHARISTIC PRAYER

*All kneel or sit as the Eucharistic Prayer continues.*

The mystery of faith:



We pro-claim your Death, O Lord, and pro-fess your Res-ur-rec-tion



un-til you come a-gain.

*The prayer concludes "...for ever and ever" to which all reply:*  
**Amen.**

## COMMUNION RITE

*All stand as the priest invites the people to pray:*

**Our Father, who art in heaven,  
hallowed be thy name;  
thy kingdom come, thy will be done  
on earth as it is in heaven;  
give us this day our daily bread, and forgive us our trespasses,  
as we forgive those who trespass against us;  
and lead us not into temptation,  
but deliver us from evil.**

Deliver us Lord, we pray, from every evil, graciously grant peace in our days, that, by the help of your mercy, we may always be free from sin and safe from all distress as we await the blessed hope and the coming of our Saviour, Jesus Christ.

**For the kingdom, the power,  
and the glory are yours,  
now and for ever.**

## THE PEACE

Lord Jesus Christ who said to your Apostles: Peace I leave you, my peace, I give you: look not on our sins but on the faith of your Church, and graciously grant her peace and unity in accordance with your will. Who live and reign for ever and ever. **Amen.**

The peace of the Lord be always with you.  
**And with your spirit.**

## AGNUS DEI

**Lamb of God, you take away the sins of the world: have mercy on us.**

**Lamb of God, you take away the sins of the world: have mercy on us.**

**Lamb of God, you take away the sins of the world: grant us peace.**

## INVITATION TO COMMUNION

Behold the Lamb of God, behold him who takes away the sins of the world. Blessed are those called to the supper of the Lamb.

**Lord, I am not worthy that you should enter under my roof, but only say the word and my soul shall be healed.**

*The priest and ministers receive Holy Communion.*

## COMMUNION ANTIPHON

You have given us, O Lord, bread from heaven, endowed with all delights and sweetness in every taste.

## HOLY COMMUNION

*If you are baptised in the name of the Trinity and normally receive Holy Communion in your own Church, you are welcome to receive the Sacrament here today. If you would prefer to receive a blessing, please come to the altar rail and cross your arms or bring this order of service with you as a sign to the priest.*

## COMMUNION HYMN

1. When the loving Shepherd,  
Ere he left the earth,  
Shed, to pay our ransom,  
Blood of priceless worth  
These his lambs so cherished  
Purchased for his own  
He would not abandon  
In the world alone.

2. Ere he makes us partners  
Of his realm on high  
Happy and immortal  
With him in the sky;  
Love immense, stupendous  
Makes him here below  
Partner of our exile  
In this world of woe.

3. Jesus, food of angels  
Monarch of the heart  
O that I could never  
From thy face depart;  
For thou ever dwellest  
Here for love of me  
Hidden thou remainest  
God of majesty.

4. Soon I hope to see thee  
And enjoy thy love  
Face to face, Sweet Jesus,  
In thy heaven above;  
But on earth an exile,  
My delight shall be  
Ever to be near thee  
Veiled for love of me.

## PRAYER AFTER COMMUNION

*All stand.*

Accompany with constant protection, O Lord,  
those you renew with these heavenly gifts  
and, in your never-failing care for them,  
make them worthy of eternal redemption.  
Through Christ our Lord.  
**Amen.**

## BANNS OF MARRIAGE & NOTICES

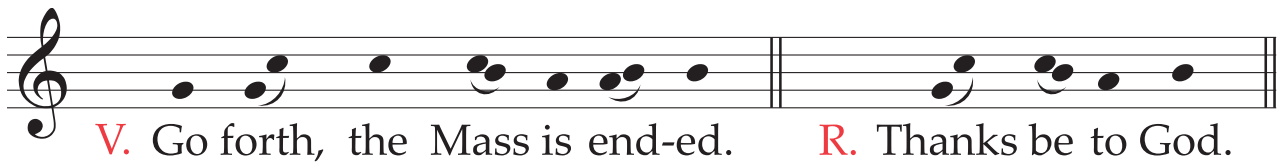
*All sit.*

## BLESSING & DISMISSAL

*All stand.*

The Lord be with you.  
**And with your spirit.**

May almighty God bless you,  
the Father, and + the Son, and the Holy Spirit.  
**Amen.**



V. Go forth, the Mass is end-ed.

R. Thanks be to God.

## THE ANGELUS

The Angel of the Lord brought tidings to Mary.  
**And she conceived by the Holy Spirit.**

Hail Mary, full of grace, the Lord is with thee.  
Blessed art thou among women, and blessed is the fruit of thy womb,  
Jesus.

**Holy Mary, Mother of God, pray for us sinners, now and at the hour  
of our death. Amen.**

Behold the handmaid of the Lord.  
**Be it unto me according to thy word.**  
*Hail Mary...*

And the Word was made Flesh.  
**And dwelt among us.**  
*Hail Mary...*

Pray for us, O holy Mother of God.  
**That we may be made worthy of the promises of Christ.**

Let us pray.

We beseech thee, O Lord, pour thy grace into our hearts; that as we  
have known the Incarnation of thy Son, Jesus Christ, by the message of  
an angel, so by his Cross and Passion may we be brought to the glory of  
his Resurrection. Through the same Christ our Lord. **Amen.**

## FINAL HYMN

**O God of Bethel, by whose hand  
Thy people still are fed,  
Who through this weary pilgrimage  
Hast all our fathers led:**

**Our vows, our prayers, we now present  
Before thy throne of grace;  
God of our fathers, be the God  
Of their succeeding race.**

Through each perplexing path of life  
Our wandering footsteps guide;  
Give us each day our daily bread,  
And raiment fit provide.

O spread thy covering wings around,  
Till all our wanderings cease,  
And at our Father's loved abode  
Our souls arrive in peace.

ORGAN VOLUNTARY     *Trumpet Tune in A*  
David N Johnson (1922-1987)

*Please remain standing until the procession has left the church.*

## FOR OUR PRAYERS

### *Those in need*

Elly Kostur, Jean Tester, Cath Papangelou, Maureen Papangelou,  
Shabnam Mehdi-Poor, Alvin Rhodon, Andrew Woods,  
Carol Farley, Luke Guthrie, Alan, Roy Norton, Robin Farquhar-  
Thomson, Victoria, Ann Guthrie, Vicki Guthrie, Becky Saint, Joanne  
Donaghy, Mary Lynagh

*We pray for peace in the Holy Land.*

### *Recently departed*

Daphne Wright, Barbara Parsons, Jean North, Michael Rogerson

### *Anniversaries of death*

4: Joyce Young

5: Letitia Mary Bore

6: Kate Elizabeth Tooke, Herbert William Walden, William Henstridge

7: Nigel John Hopkins, Janet Susan Staple

8: Mary Eleanor Green, Thomas Hudson (pr), Maurice Mitchel

9: Desmond Morse Boycott (pr), Gladys Hope Hatfield

10: Emily Young

# NOTICES

## **FR LUKE DEMETRI**

will be licensed as Priest-in-Charge of St Alphage, Burnt Oak by Bishop Jonathan on Monday 5 August at 7.00pm. Please remember him in your prayers. If you wish to travel together please be at the Tipthorpe Road bus stop tomorrow by **4.50pm**.

## **OUR PRAYERS**

for James Christie and Danielle Barden, to be married here on Saturday at 2.00pm

## **SUNDAY 11 AUGUST: THE ASSUMPTION**

We will observe this important Solemnity on Sunday 11 August.

## **CARROTWOOD: 30 OCTOBER 2024**

Please return the permission forms for this trip as soon as possible. Thank you.

## **PARISH PILGRIMAGE TO WALSINGHAM**

Our next parish pilgrimage to Walsingham will take place between 26 and 28 October. For those making the pilgrimage, final payments are now due. Please also let us know of any dietary / access requirements, as these need to be communicated to the accommodation office soon.

From a sermon preached by St Augustine on the Feast Day of  
**St Lawrence**, Deacon and Martyr, whose feast day falls this Saturday

The Roman Church commends this day to us as the blessed Laurence's day of triumph, on which he trod down the world as it roared and raged against him; spurned it as it coaxed and wheedled him; and in each case, conquered the devil as he persecuted him. For in that Church, you see, as you have regularly been told, he performed the office of deacon; it was there that he administered the sacred chalice of Christ's blood; there that he shed his own blood for the name of Christ. The blessed apostle John clearly explained the mystery of the Lord's supper when he said *Just as Christ laid down his life for us, so we too ought to lay down our lives for the brethren*. St Lawrence understood this, my brethren, and he did it; and he undoubtedly prepared things similar to what he received at that table. He loved Christ in his life, he imitated him in his death.

And we too, brethren, if we truly love him, let us imitate him. After all, we shall not be able to give a better proof of love than by imitating his example; *for Christ suffered for us, leaving us an example, so that we might follow in his footsteps*. In this sentence the apostle Peter appears to have seen that Christ suffered only for those who follow in his footsteps, and that Christ's passion profits none but those who follow in his footsteps. The holy martyrs followed him, to the shedding of their blood, to the similarity of their sufferings. The martyrs followed, but they were not the only ones. It is not the case, I mean to say, that after they crossed, the bridge was cut; or that after they had drunk, the fountain dried up.

The garden of the Lord, brethren, includes – yes, it truly includes – includes not only the roses of martyrs but also the lilies of virgins, and the ivy of married people, and the violets of widows. There is absolutely no kind of human beings, my dearly beloved, who need to despair of their vocation; Christ suffered for all. It was very truly written about him: *who wishes all men to be saved, and to come to the acknowledgement of the truth*.

So let us understand how Christians ought to follow Christ, short of the shedding of blood, short of the danger of suffering death. The Apostle says, speaking of the Lord Christ, *Who, though he was in the form of God, did not think it robbery to be equal to God*. What incomparable greatness! *But he emptied himself, taking the form of a servant, and being made in the likeness of men, and found in condition as a man*. What unequalled humility!

Christ humbled himself: you have something, Christian, to latch on to. *Christ became obedient*. Why do you behave proudly? After running the course of these humiliations and laying death low, Christ ascended into heaven: let us follow him there. Let us listen to the Apostle telling us, *If you have risen with Christ, savour the things that are above us, seated at God's right hand*.